

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
2025 - 2026

TITLE OF THE PROGRAMME	DATE, VENUE, BENEFICIARIES	RESOURCE PERSON
Skill Enhancement Activity “Food Stall - Nutri Corner- 2025”	18.07.2025 & C- Block Open Stage Cauvery College Students & Faculty	Organizer: Students of II MSc., FSM &D Staff Incharge: Ms.N.Ganga Devi Assistant Professor & Ms. L.Gayathri, Assistant Professor, Dept of FSM&D, Cauvery College for Women (A), Trichy
Capacity Building Programme “Food Additives and Health”	25.07.2025 & KRT Hall No.of Beneficiaries: 113 Students from FSM&D	Resource Person: Dr. J. Prakash Maaran M.Sc., M.Tech.,Ph.D., Professor, Department of Food Science and Nutrition, Periyar University, Salem.
Health and Wellness Activity " Nutrition for Wellbeing"	26.07.2025 & O.P.Ramasamy Reddiar Auditorium No.of Beneficiaries: 713 - II UG Students from all Departments	Resource Person: Dr. B. Thanuja Professor & Head Ms. S. Fathima Assistant Professor & Ms. T.R. Revathi Assistant.Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy
Capacity Building Programme “Turning your Passion to Business: A Step by Step Guide” In association with Institution Innovation Council (IIC)	02.08.2025 & BootStrap Cauvery No.of Beneficiaries: 46 Students from FSM&D	Resource Person: Ms. N.Vesali Entrepreneur, Guest Faculty in IECD Bharathidasan University, Kajamalai Campus, Trichy.

<p>Awareness Programme “Breastfeeding- Myths and Facts” World Breast Feeding Week - 2025</p>	<p>05.08.2025 & KRT Hall</p> <p>No.of Beneficiaries: 117 Students of FSM&D</p>	<p>Resource Person: Dr.M.Divya., MBBS., DNB(Pediatrics), Pediatric Consultant, Apollo Speciality Hospital, Trichy.</p>
<p>Skill Enhancement Activity Poster Making Competition World Breast Feeding Week - 2025</p>	<p>07.08.2025 & B9 Classroom</p> <p>No. of Participants : 28 Students from various Department</p>	<p>Staff Incharge: Ms. L. Gayathri, Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Industrial Visit to Trichy SRM Medical College Hospital and Research Centre, Irungalur</p>	<p>07.08.2025 & Irungalur, Trichy</p> <p>No.of Beneficiaries: 18 Students from I B.Sc., N&D 20 Students from III B.Sc., N&D</p>	<p>Staff Incharge: Ms. E.Agalya & MS. N.Ganga Devi Assistant Professors, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Skill Enhancement Activity Food Stall - “The Healthy Spot- 2025”</p>	<p>12.08.2025 & C- Block Open Stage</p> <p>Beneficiaries: Cauvery College Students & Faculty</p>	<p>Organizer: Students of II MSc., FSM &D</p> <p>Staff Incharge: Ms.N.Ganga Devi & Ms. L.Gayathri, Assistant.Professors, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Skill Enhancement Activity Fireless Cookery Competition National Nutrition Week - 2025</p>	<p>02.09.2025 & Auditorium Backside</p> <p>No. of Participants: 28 Students from various Department</p>	<p>Staff Incharge: Ms. L. Gayathri, Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>

<p>Industrial Visit to Vijay Dairy Farm Products (P) Ltd., Peramangalam, Thuraiyur</p>	<p>03.09.2025 & Peramangalam, Thuraiyur</p> <p>No.of Beneficiaries: 56 students of I M.Sc FSM&D & III B.Sc N&D</p>	<p>Staff Incharge: Ms. S.Fathima & Ms. T.R. Revathi, Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Industrial Visit to 1.National Institute of Food Technology Entrepreneurship and Management, NIFTEM-T, Thanjavur 2. Food Museum, Thanjavur</p>	<p>08.09.2025 & Thanjavur</p> <p>No.of Beneficiaries: 50 Students of III B.Sc., N&D & II M.Sc., FSM&D</p>	<p>Staff Incharge: Ms. T.R. Revathi, Ms.N.Ganga Devi & Ms. L.Gayathri, Assistant.Professors, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Capacity Building Programme "The Second Brain" National Nutrition Week - 2025</p>	<p>10.09.2025 & Cauvery Hall</p> <p>No.of Beneficiaries: 95 Students from FSM&D</p>	<p>Resource Person: Ms. M.A. Nasreen Banu, M.Sc., DFSM., Child Care Health Nutrition, Dietitian & Nutritionist, Muthu Meenakshi Multispeciality Hospital, Pudhukottai</p>
<p>Industrial Visit to Apollo Speciality Hospitals, Trichy</p>	<p>12.09.2025 & Trichy</p> <p>No.of Beneficiaries: 24 Students from II B.Sc., N&D</p>	<p>Staff Incharge: Dr. B.Thanuja Professor & Head Ms. N.Ganga Devi , Assistant.Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>
<p>Career Guidance Programme “Emerging Trends and Career Opportunities in Nutrition and Dietetics” In association with Cauvery College Alumnae Association (CCAA)</p>	<p>12.12.2025 & KRT Hall</p> <p>No.of Beneficiaries: 84 Students from FSM&D</p>	<p>Resource Person: Dr. V. Kavitha, M.Sc., M.Phil., Ph.D., NET., Batch - (2005 - 2007) - M.Sc., FSM&D Assistant Professor & Head, PG Department of Nutrition and Dietetics, Jamal Mohamed College (Autonomous), Trichy</p>

<p>Skill Enhancement Activity Online Quiz Competition World Dietetics Day - 2026</p> <p>In Association with Quiz Club</p>	<p>10.01.2026 & online mode</p> <p>No. of Participants: 102 Students from FSM&D</p>	<p>Staff Incharge: Ms.N.Ganga Devi Assistant Professor & Ms. L.Gayathri, Assistant Professor, Dept of FSM&D, Cauvery College for Women (A), Trichy</p>
<p>Capacity Building Programme “Understanding obesity in Today’s Lifestyle”</p> <p>In association with Cauvery College Alumnae Association (CCAA)</p>	<p>20.01.2026 & F6 Classroom</p> <p>No.of Beneficiaries: 59 Students from B.Sc., N&D</p>	<p>Resource Person: Ms. S. Prathiska, M.Sc., Batch - BSc., N&D (2018 - 2021) M.Sc., FSM&D (2021 - 2023) Dietitian, Kolors Healthcare, Trichy</p>
<p>Industrial Visit to 1. Kodai Chocolate Factory, Kodaikanal & 2.Astrophysics Observatory Center, Kodaikanal</p>	<p>03.02.2026</p> <p>No.of Beneficiaries: 42- Students from III.BSc., N&D & II Msc., FSM&D</p>	<p>Staff Incharge: Ms. T.R.Revathy, Ms.N.Ganga Devi, & Ms. L.Gayathri, Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy</p>

“Food Stall - Nutri Corner- 2025”

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (IV Cycle) A+ grade by NAAC
Tiruchirapalli – 620018

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
HOSPITALITY CLUB
ORGANIZES
SKILL ENHANCEMENT ACTIVITY

“NUTRI CORNER” – 2025



DATES MUFFINS	- Rs. 25
FRUIT CUSTARD	- Rs. 30
CHANNA MASALA (CHAT)	-Rs. 25



“EXPERIENCE THE JOY OF HEALTHY EATING”
“ ENJOY THE NUTRITIOUS DELIGHT”

DATE : 18/07/2025
VENUE : OPEN STAGE OF “C” BLOCK
TIMING : 12.00 PM
ORGANIZER : II.M.Sc. FSM&D

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

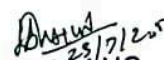
Name of the Activity : Skill Enhancement Activity on Food Stall- "Nutri Corner 2025"
Date : 18.07.2025
Venue : Open Stage of "C"- Block

Report of the Event

The Department of Food Service Management and Dietetics, in collaboration with the Hospitality Club, organized a Skill Enhancement Activity featuring a food stall titled "Nutri Corner 2025" on 18.07.2025. The Chilled Fruit Custard, priced at Rs. 30, was a crowd favorite. The delightful Dates Muffins, offered at Rs. 25, and the rich and spicy Channa Masala, also priced at Rs. 25, were well received, complementing the menu perfectly. All the recipes were well prepared and received positive feedback for both taste and presentation. The vibrant and enthusiastic contributions of the participants significantly enhanced the overall success of the event, showcasing an exceptional level of involvement from both students and faculty members of Cauvery College for Women. This activity was designed to enhance students' practical skills and foster their entrepreneurial abilities.


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DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
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TRICHY - 620 018




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(Autonomous)
Annamalal Nagar,
Tiruchirappalli - 620 018,
Tamilnadu.

Photos



“Food Additives and Health”

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (IV cycle) With "A+" Grade By NAAC
Annamalai Nagar, Tiruchirappalli

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

&

HOSPITALITY CLUB

ORGANIZES

**CAPACITY BUILDING PROGRAMME
ON
"FOOD ADDITIVES AND HEALTH"**

Resource person

Dr.J. PRAKESH MAARAN M.sc., M.Tech., Ph.D
Professor,
Department of Food Science and Nutrition
Periyar University
salem



Time
10.00 to 11.00 am

JULY

25

2025

Venue
KRT Hall


Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Capacity Building Programme on "Food Additives and Health"
Date : 25.07.2025
Time : 10:00 AM - 11:00 AM
Venue : KRT Hall
Resource Person : Dr. J. Prakash Maaran M.Sc., M.Tech., Ph.D.,
Professor,
Department of Food Science and Nutrition,
Periyar University, Salem.

Report of the Event

The Department of Food Service Management and Dietetics, in collaboration with the Hospitality Club, organized a Capacity Building Programme on "FOOD ADDITIVES AND HEALTH" to enhance understanding of the relationship between food additives and health. The resource person presented and discussed the types of Food Additives, regulatory aspects, benefits and effects of food additives on health. The program was attended by the students of Food Service Management and Dietetics (Nutrition and Dietetics) from Cauvery College for Women (Autonomous), Trichy. During the session, participants gained valuable insights into the current developments in food additives, and various questions were addressed by the resource person at the end.


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TRICHY - 620 018


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Tiruchirappalli - 620 018
Tamilnadu.



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Health and Wellness Activity on

" Nutrition for Wellbeing"

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (IV Cycle) with "A+" Grade By NAAC

Annamalainagar, Tiruchirappalli

DEPARTMENT OF FOOD SERVICE MANAGEMENT & DIETETICS

HOSPITALITY CLUB & DIET COUNSELLING CELL

ORGANIZES

HEALTH AND WELLNESS ACTIVITY

"NUTRITION FOR WELLBEING"

DR.B.THANUJA

PROFESSOR & HEAD

MS. S. FATHIMA

ASSISTANT PROFESSOR

MS.T. R. REVATHI

ASSISTANT PROFESSOR

DEPARTMENT OF FSM & D



"YOGA FOR FITNESS"

BY TRAINERS



II YEAR UG STUDENTS ARE CORDIALLY INVITED

TIMING
9:30AM TO 1:00PM

JULY
26
2025

VENUE
AUDITORIUM

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), Trichy-18

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

HOSPITALITY CLUB ACTIVITY

HEALTH & WELLNESS ACTIVITY REPORT

Activity : Health and Nutritional Well Being
Date : July 26, 2025
Time : 9:30 AM - 11:30 AM
Venue : Auditorium
Resource Persons : 1. Dr. B. Thanuja, Professor and Head,
Dept of Food Service Management and Dietetics
2. Ms. S. Fathima, Assistant Professor,
Dept of Food Service Management and Dietetics
3. Ms. T.R. Revathi, Assistant Professor,
Dept of Food Service Management and Dietetics

Report of the Event

The Department of Food Service Management and Dietetics - Hospitality Club, organized a Health and Wellness Programme to promote awareness on nutritional status and the importance of adequate nutrient intake, as a part of health and wellness activity. The event aimed to educate students on the benefits of proper nutrition and its impact on overall well-being, the session was well-received by the students.

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DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

25/8/25
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Annamalai Nagar,
Tiruchirappalli - 620 018,
Tamilnadu.



Photos





Capacity Building Programme

Turning your Passion to Business: A Step by Step Guide

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (Cycle IV) With A+ Grade by NAAC
Annamalai Nagar, Tiruchirappalli-18

INSTITUTION'S INNOVATION COUNCIL

jointly with



HOSPITALITY CLUB



Department of Food Service Management & Dietetics

Organises

CAPACITY BUILDING PROGRAMME

On

Turning your passion to Business: A step by step guide

Resource Person

Ms.N.Vesali

Entrepreneur

Guest faculty in IECD Bharathidasan University,
Khajamalai Campus,
Trichy

Date : 02.08.2025

Time : 10:00 AM to 12:00 PM

Venue : Bootstrap Cauvery



Report



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited with "A+" Grade by NAAC

INSTITUTION'S INNOVATION COUNCIL

REPORT ON TURNING YOUR PASSION TO BUSINESS: A STEP-BY-STEP GUIDE

Date: 02.08.2025

Duration: 10.00 AM TO 12.00 PM

Activity Category: Self Driven

Theme: Entrepreneurship

Expert/Speaker Details:

Name: Ms.N.Vesali

Designation: Entrepreneur, Guest faculty in IECD,

Organization: Bharathidasan University, Khajamalai Campus, Trichy

Brief about Expert/Speaker

Ms. N. Vesali is an Entrepreneur and Guest Faculty at the Institute for Entrepreneurship and Career Development (IECD), Bharathidasan University, Khajamalai Campus, Trichy. With her dual role as a business leader and academic contributor, she brings valuable industry insights and entrepreneurial expertise to her students. Her commitment to fostering innovation and practical learning enables her to bridge the gap between theory and real-world application, thereby inspiring and guiding aspiring entrepreneurs toward successful career paths.

Outcome of the activity

The report on "Turning Your Passion to Business: A Step-by-Step Guide" emphasizes the importance of identifying one's passion and systematically transforming it into a successful entrepreneurial venture. It highlights the need for self-assessment, market research, and goal setting as the foundation for building a business. The report outlines the key steps including developing a unique value proposition, creating a business plan, setting up financial strategies, and leveraging technology and networks for growth. It also stresses the significance of branding, marketing, and customer engagement in establishing a strong presence in the market. By combining dedication, innovation, and strategic planning, the guide illustrates how individuals can convert their interests and talents into sustainable and profitable business opportunities.



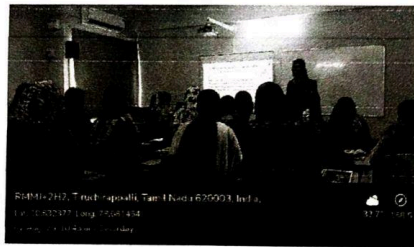
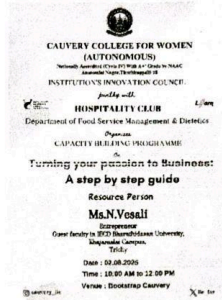
Key Highlights:

Innovative thoughts, successful business ventures, creativity, planning, execution, identifying opportunities, feasible business models

Participant details:

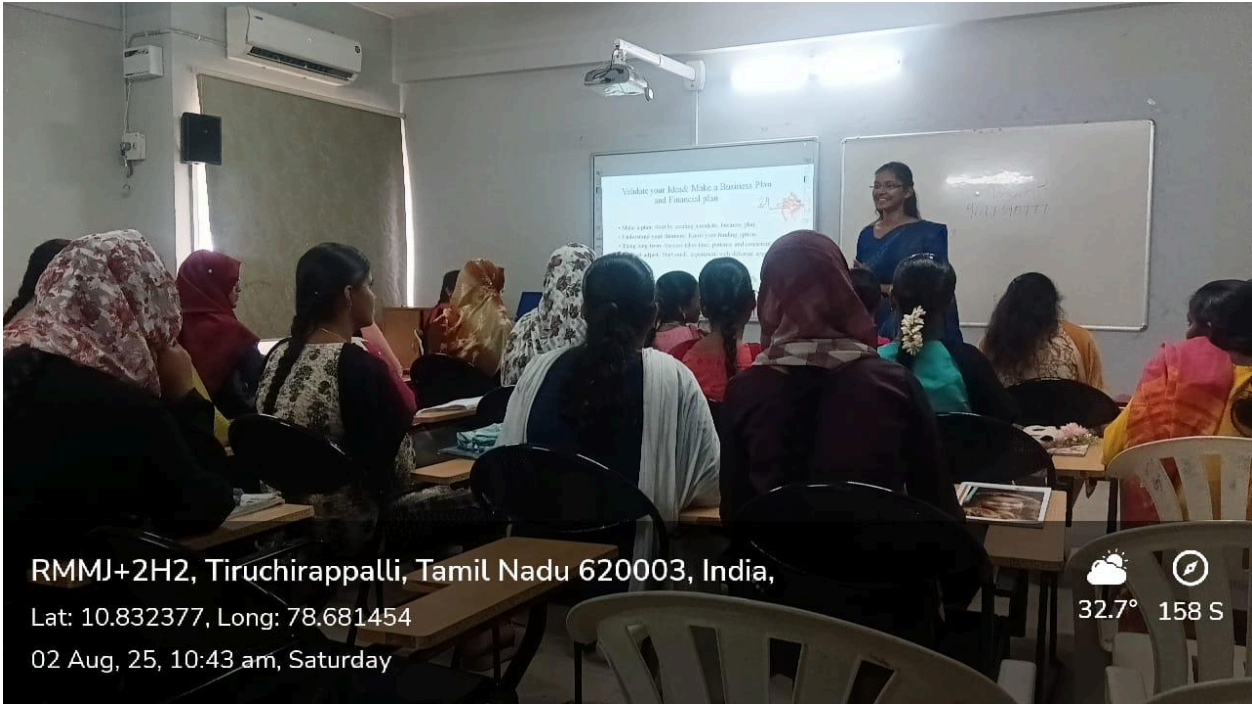
Total no. of Student participation: 46

Total no. of Staff (Teaching/Non-teaching) participation: 02



J. N. V.
23/8/19
IIC PRESIDENT/ PRINCIPAL
Principal I/C
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

Photo



Awareness Programme to Commemorate World Breast Feeding Week - 2025 on

“Breastfeeding- Myths and Facts”

Invitation



CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)

NATIONALLY ACCREDITED (IV CYCLE) WITH "A+" GRADE BY NAAC
ANNAMALAI NAGAR, TIRUCHIRAPPALLI

**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS**

HOSPITALITY CLUB

ORGANIZES

**AN AWARENESS PROGRAMME
TO COMMEMORATE WORLD BREASTFEEDING WEEK-2025
"BREASTFEEDING-MYTHS AND FACTS"**



RESOURCE PERSON

**DR.M. DIVYA., MBBS., DNB(PEDIATRICS)
PEDIATRIC CONSULTANT,
APOLLO HOSPITAL,
TIRUCHIRAPPALLI**

AUGUST

TIME
10.30AM-12.00PM

05
2025

VENUE
KRT HALL

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

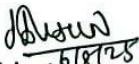
Name of the Activity : Awareness Programme to Commemorate World Breastfeeding Week - 2025 on "Breastfeeding - Myths and Facts"
Date : 05.08.2025
Time : 10:30 AM - 12:00 PM
Venue : KRT Hall
Resource Person : Dr.M.Divya., MBBS., DNB(Pediatrics)
Pediatric Consultant
Apollo Speciality Hospital, Trichy.

Report of the Event

The Department of Food Service Management and Dietetics, Hospitality Club, organized an Awareness Programme to commemorate **World Breastfeeding Week – 2025** on the theme "**Breastfeeding – Myths and Facts.**" The event aimed to create awareness and dispel common misconceptions surrounding breastfeeding, while emphasizing its benefits for both mother and child. The programme was attended by the students of **Food Service Management and Dietetics (Nutrition and Dietetics)** from **Cauvery College for Women (Autonomous), Trichy**. Through informative sessions, interactive discussions, and expert inputs, the participants gained valuable insights into evidence-based breastfeeding practices and the importance of promoting accurate knowledge in the community.


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DEPARTMENT OF FOOD SERVICE
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TRICHY - 620 018




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Tamilnadu.

Photos





**Industrial Visit to Trichy SRM Medical College Hospital and Research Centre, Irungalur
Invitation**



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 18**
Nationally Accredited (IV Cycle) with 'A+' Grade by NAAC
**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS**

HOSPITALITY CLUB
Organizes

**INDUSTRIAL VISIT
TO
TRICHY SRM MEDICAL COLLEGE HOSPITAL
AND RESEARCH CENTRE, IRUNGALUR**



CLASS : I B.Sc., N&D and III B.Sc., N&D
DATE : 07.08.2025
DAY : THURSDAY
TIME : 9.30 A.M TO 2.30 P.M

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Industrial Visit (Under MoU)
Trichy SRM Medical College Hospital & Research Institute, Irungalur
Date & Time : 07/08/2025 & 9.30 am to 02:30 pm
No. of Participants : 46 students of I B.Sc N&D & III B.Sc N&D

Outcome of the Event :

In connection with the MoU and as part of the curriculum for the course titled Human Physiology, Diet Therapy, Bakery & Confectionary the Department of FSMD organized an industrial visit to Trichy SRM Medical College Hospital & Research Institute, Irungalur. During the visit, the students were given the opportunity to explore the Biochemistry Laboratory, Pathology and food Dietary kitchen, distribution system, bakery unit. By observing and understanding the operational aspects and parameters of these facilities, they were able to bridge the gap between theoretical knowledge and real-world applications. This enriching hands-on experience will undoubtedly contribute significantly to their academic and professional growth.

E. Arjun
8/8/2025

Arjun 08/08/2025
HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

Arjun
8/8/25

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Tamilnadu.



Photos



Skill Enhancement Activity to Commemorate World Breast Feeding Week - 2025 -

Poster Making Competition

Invitation



CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)
Nationally Accredited (IV Cycle) With "A+" Grade By NAAC
Annamalai Nagar, Tiruchirappalli-18

TO COMMEMORATE WORLD BREASTFEEDING WEEK-2025

**Department of Food Service Management
and Dietetics**

HOSPITALITY CLUB

Organizes
A Skill Enhancement Activity
Poster Making Competition

**THEME: "PRIORITIZE BREASTFEEDING: CREATE SUSTAINABLE
SUPPORT SYSTEM"**



TIME: 1.00-2.30pm
DATE: 07/08/2025
DAY: THURSDAY
VENUE: B9


Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

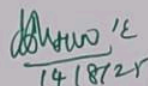
Name of the Activity	: Skill Enhancement Activity - Poster Making Competition To Commemorate World Breast Feeding Week - 2025
Theme	: "Prioritise Breastfeeding: Create Sustainable Support System"
Date	: 07.08.2025
Time	: 1:15 PM to 2.30 PM
Venue	: Classroom- B9
Judges	: 1. Dr.P.Pungayee Alias Amirtham, M.Sc., M.Phil.,Ph.D Associate Professor & Head, PG & Research Department of Chemistry, Cauvery College for Women (Autonomous), Trichy. 2. Ms. L. Gayathri,M.Sc., NET., Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy

Report of the Event

The Department of Food Service Management and Dietetics organized a Skill Enhancement Activity through a Poster Making Competition to Commemorate World Breast Feeding Week - 2025 The theme for the event was "Prioritise Breastfeeding: Create Sustainable Support System," aiming to raise awareness about the importance of breastfeeding and promoting community support for lactating mothers. Enthusiastic participation from students from various departments who showcased their creativity and understanding of the theme. The posters reflected various aspects of breastfeeding, including its health benefits and the need for a supportive environment. The competition was judged by Dr. P. Pungayee Alias Amirtham, Associate Professor & Head, PG & Research Department of Chemistry, and Ms. L. Gayathri, Assistant Professor, Department of Food Service Management and Dietetics. The First Three Places were secured by students, K. Archana II M.Sc FSM&D, S.R. Poorani of III B.Sc Biotechnology and R. Kathijaa of I M.Sc Microbiology respectively.


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MANAGEMENT AND DIETETICS
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Tamilnadu.

Photos



Skill Enhancement Activity- Food Stall - "The Healthy Spot- 2025"

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
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Tiruchirapalli - 620018

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND
DIETETICS

&

HOSPITALITY CLUB

ORGANIZES

SKILL ENHANCEMENT ACTIVITY

THE HEALTHY SPOT-2025



VEG CRISPY ROLL - ***Rs.30***

SAAMAI PHIRNI - ***Rs.30***



RAGI BROWNIE - ***Rs.25***



"The First Wealth is Health"

DATE : 12/08/2025

TIMING : 12.00 PM

VENUE : OPEN STAGE OF "C" BLOCK

ORGANIZER : II.M.Sc. FSM&D

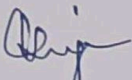
Report

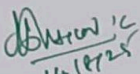
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Skill Enhancement Activity on Food Stall- "The Healthy Spot 2025"
Date : 12.08.2025
Venue : Open Stage of "C"- Block

Report of the Event

The Department of Food Service Management and Dietetics, and the Hospitality Club, organized a Skill Enhancement Activity featuring a food stall titled "The Healthy Spot 2025" on 12.08.2025. The Veg Crispy Roll, priced at Rs. 30, was a crowd favorite. The delightful Ragi Brownie, offered at Rs. 25, and the chilled Saamai Phirni, also priced at Rs. 30, were well received, complementing the menu perfectly. All the recipes were well prepared and received positive feedback for both taste and presentation. The vibrant and enthusiastic participation of both students and faculty members of Cauvery College for Women played a key role in the success of the event. Their active involvement highlighted a strong sense of teamwork and commitment. This activity aimed to strengthen students' practical skills while nurturing their entrepreneurial spirit.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018


14/8/25
Principal I/C
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.



Photos



Capacity Building Programme on "The Second Brain"

National Nutrition Week - 2025

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (IV Cycle) With "A+" by NAAC
Annamalai Nagar, Tiruchirappalli-18

**DEPARTMENT OF FOOD SERVICE MANAGEMENT
AND DIETETICS**

HOSPITALITY CLUB
organizes

CAPACITY BUILDING PROGRAMME

**To Celebrate National Nutrition Week- 2025
On**

"The Second Brain"



Resource person

Ms.M.A.Nasreen Banu
Dietitian & Nutritionist,
Muthu Meenakshi Multispeciality Hospital,
Pudukkottai.

TIME : 10:00 AM to 12:00 PM

DATE : 10.09.2025

Venue : Cauvery Hall

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Capacity Building Programme on "The Second Brain"
To Celebrate National Nutrition Week - 2025

Date : 10.09.2025

Time : 10:00 AM - 12:00 PM

Venue : Cauvery Hall

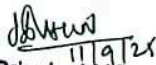
Resource Person : Ms. M.A. Nasreen Banu, M.Sc., DFSM.,
Child Care Health Nutrition
Dietitian & Nutritionist
Muthu Meenakshi Multispcciality Hospital, Pudhukottai

Report of the Event

The Department of Food Service Management and Dietetics organized a Capacity Building Programme on "The Second Brain" on September 10, 2025, to celebrate National Nutrition Week 2025. The resource person, Ms. M.A. Nasreen Banu, Dietitian and Nutritionist from Muthu Meenakshi Multispeciality Hospital, Pudhukottai, delivered an informative session on the gut-brain connection, highlighting the role of gut health in overall well-being and mental health. She also elaborated on the anatomy and function of the gut, the influence of the gut microbiome on mental and physical health, and dietary strategies to support a healthy digestive system. Students of Food Service Management and Dietetics from Cauvery College for Women (Autonomous), Trichy, actively participated and gained insights into the emerging importance of gut microbiota.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018






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Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018,
Tamilnada.

Photos



Vijay Dairy Farm Products (P) Ltd., Peramangalam, Thuraiyur

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (IV Cycle) with "A+"Grade By NAAC
Annamalainagar, Triuchirappalli

DEPARTMENT OF FOOD SERVICE MANAGEMENT & DIETETICS

INDUSTRIAL VISIT

TO



VIJAY DAIRY & FARM PRODUCTS

Pvt Ltd ,Peramangalam, Triuchirappalli



BENEFICIARIES

III B.SC.,- NUTRITION AND DIETETICS
I M.SC.,- FOOD SERVICE MANAGEMENT AND DIETETICS



03/09/2025



9:00AM -3.00PM



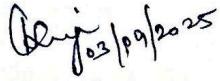
Report

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT**

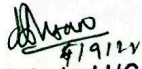
Name of the Activity : Industrial Visit
Vijay Dairy Farm Products (P) Ltd., Peramangalam, Thuraiyur
Date & Time : 03/09/2025 & 9.30 am to 02:30 pm
No. of Participants : 56 students of I M.Sc FSM&D& III B.Sc N&D

Outcome of the Event :

An industrial visit was organized on 3rd September 2025 to Vijay Dairy, Peramangalam Thuraiyur for the students of I M.Sc. Food Service Management and Dietetics and III B.Sc. Nutrition and Dietetics, with a total of 56 participants. The purpose of the visit was to provide exposure to large-scale dairy processing and value-added product manufacturing. Students observed the production of khoa, curd, ghee, paneer, skimmed milk powder, and milk with different fat percentages. The processes of pasteurization, standardization, and quality testing were demonstrated, highlighting the importance of hygiene and food safety standards. Packaging, storage, and distribution systems were also explained to ensure product shelf life and consumer satisfaction. The visit gave students practical knowledge of how raw milk is transformed into various commercial dairy products. It also enhanced their understanding of quality control, regulatory compliance, and industrial management in the dairy sector. Overall, the experience was highly informative and bridged theoretical learning with real-time industrial practices.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018




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Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

Photos



**1.National Institute of Food Technology Entrepreneurship and Management, NIFTEM-T,
Thanjavur**

**2. Food Museum, Thanjavur
Invitation**



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
NATIONALLY ACCREDITED (IV CYCLE) WITH "A+"GRADE BY NAAC
ANNAMALAINAGAR, TRIUCHIRAPPALLI**

**DEPARTMENT
OF
FOOD SERVICE MANAGEMENT & DIETETICS**



**INDUSTRIAL VISIT
TO**



**NATIONAL INSTITUTE OF FOOD TECHNOLOGY,
ENTREPRENEURSHIP AND MANAGEMENT,
THANJAVUR(NIFTEM-T)
&
FOOD MUSEUM**

**BENEFICIARIES:
III BSC N&D
II MSC FSM&D**

SEPTEMBER

**MONDAY | 08 | AT 9AM
2025**

Report

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT**

Name of the Activity : Industrial Visit to
Venue : 1.National Institute of Food Technology Entrepreneurship
and Management, NIFTEM-T, Thanjavur
2. Food Museum, Thanjavur
Date : 08.09.2025
Time : 09:00 AM to 02:00 PM
Beneficiaries : III B.Sc., N&D & II M.Sc., FSM&D

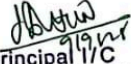
Outcome of the Event

The industrial visit to NIFTEM - T was a valuable learning experience, providing insights into food processing techniques, machining devices, and research and development in the food industry. The institute's world-class infrastructure facilities, including pilot plants and research centers, were impressive. They gained knowledge on various aspects of food technology, including food processing, food safety, quality control, and entrepreneurship. Overall, the visit was informative and inspiring, and we appreciated the opportunity to learn from the experts in the field.

The students also visited the food museum, which showcased a wide range of food-related artifacts, including vintage cooking utensils and interactive digital displays on food production. The exhibits took them on a journey through the history of food, different culinary traditions, and the impact of food on cultures around the world. They enjoyed the interactive approach to storytelling, which made their experience both entertaining and educational, leaving them with a newfound curiosity about the world of food.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018




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(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018,
Tamilnadu.

Photos





Apollo Speciality Hospitals, Trichy

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONALLY ACCREDITED (IV CYCLE) WITH "A+" GRADE BY NAAC
ANNAMALAINAGAR, TRIUCHIRAPPALLI

DEPARTMENT OF FOOD SERVICE MANAGEMENT & DIETETICS

(NUTRITION & DIETETICS)

organizes

INDUSTRIAL VISIT

TO

**APOLLO SPECIALITY HOSPITALS,
CHENNAI BYPASS ROAD ARIYA MANGALAM AREA,
OLD PALPANNAI,
TIRUCHIRAPPALLI**



TIME: 9:00 AM - 1:00 PM

DATE: 12/09/2025

BENEFICIARIES:

II BSC NUTRITION & DIETETICS

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Industrial Visit to
Venue : Apollo Speciality Hospitals, Trichy
Date : 12.09.2025
Time : 09:00 AM to 01:00 PM
Beneficiaries : II B.Sc., N&D – 23 students

Outcome of the Event

The II B.Sc. Nutrition and Dietetics students visited the Dietary Unit and Biochemistry Laboratory of Apollo Speciality Hospital, Trichy, on 12.09.2025. During the visit, they observed the preparation of therapeutic meals, gained practical knowledge on meal planning and diet counseling, and witnessed biochemical analysis used to assess nutritional status. The exposure provided valuable insights into the vital role of diet therapy in healthcare. Overall, the visit was informative and inspiring, and we appreciated the opportunity to learn from the experts in the field.

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12/09/2025



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Principal / C
15/9/25
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018,
Tamilnadu.

Photos



Career Guidance Programme on “Emerging Trends and Career Opportunities in Nutrition and Dietetics” on 12.12.2025

Invitation

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (IV Cycle) With "A" grade by NAAC

Annamalai Nagar, Tiruchirappalli-18

**Department of Food Service Management and
Dietetics**



HOSPITALITY CLUB

&

CAUVERY COLLEGE ALUMNAE ASSOCIATION (CCAA)



Organizes

**Career Guidance Programme
On**

**"Emerging Trends and Career Opportunities in
Nutrition and Dietetics"**

RESOURCE PERSON

**Dr. V.Kavitha M.Sc., M.Phil., Ph.D., NET.,
Assistant Professor and Head,
PG Department of Nutrition and Dietetics,
Jamal Mohamed College (Autonomous),
Trichy**



**M. Sc., FSM&D
Batch (2005 - 2007)**



12.12.2025, Friday



10:00 AM to 12:00 PM



KRT Hall

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB
&
CAUVERY COLLEGE ALUMNAE ASSOCIATION (CCAA)
ACTIVITY REPORT

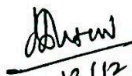
Name of the Activity : Career Guidance Programme on "Emerging Trends and Career Opportunities in Nutrition and Dietetics"
Date : 12.12.2025
Time : 10:00 AM - 12:00 PM
Venue : KRT Hall
Resource Person : Dr. V. Kavitha, M.Sc., M.Phil., Ph.D., NET.,
Batch - (2005 - 2007) - M.Sc., FSM&D
Assistant Professor & Head,
PG Department of Nutrition and Dietetics,
Jamal Mohamed College (Autonomous), Trichy

Report of the Event

A Career Guidance Programme on "Emerging Trends and Career Opportunities in Nutrition and Dietetics" was jointly organized by the Hospitality Club of the Department of Food Service Management and Dietetics and the Cauvery College Alumnae Association (CCAA) on 12.12.2025. Dr. V. Kavitha, Assistant Professor and Head, PG Department of Nutrition and Dietetics, Jamal Mohamed College (Autonomous), Trichy, and an esteemed alumna of the Department, served as the resource person and delivered an insightful lecture on the latest developments and career prospects in the field of Nutrition and Dietetics. The event also featured a special address on balanced diet and the globalisation of food culture by our College Principal, Dr. S. Ramalakshmi, and was successfully conducted with the gracious support of our Dean of Alumnae Relations, Dr. Parveen. Students of Food Service Management and Dietetics actively participated in the programme and gained valuable insights into emerging trends and various career pathways in Nutrition and Dietetics.


12/12/2025
HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018




13/12/24
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Tamilnadu.

Photos



Online Quiz Competition on 10.01.2026

Invitation



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (IV Cycle) With "A+" grade by NAAC

Annamalai Nagar, Tiruchirappalli-18

**Department of Food Service Management and
Dietetics**

HOSPITALITY CLUB

&

QUIZ CLUB

Organizes

**Skill Enhancement Activity
Online Quiz Competition**

To Celebrate World Dietetics Day

**Theme - "Control of Obesity for Healthier India —
An Action call from Nutrition Science Professionals"**

Date - 10.01.2026

Mode - Online

<https://forms.gle/f6UdjKsbQrLgzWt16>

Report

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB AND QUIZ CLUB ACTIVITY REPORT

Name of the Activity : Skill Enhancement Activity - Online Quiz Competition
To Celebrate World Dietetics Day 2026

Theme : "Control of Obesity for Healthier India — An Action call from
Nutrition Science Professionals"

Date : 10.01.2026

Mode : Online

Report of the Event

The Department of Food Service Management and Dietetics, Hospitality Club, in collaboration with the Quiz Club, Cauvery College for Women (Autonomous), organized an Online Quiz Competition as a Skill Enhancement Activity on 10.01.2026 to celebrate World Dietetics Day 2026. The event was themed "Control of Obesity for Healthier India — An Action Call from Nutrition Science Professionals" and aimed to enhance students' awareness and knowledge on obesity prevention and the role of nutrition science in promoting public health. A total of 102 students from the department actively participated in the competition. The quiz comprised multiple-choice questions covering obesity management, healthy lifestyle practices, and nutrition awareness. E-certificates were awarded to participants who scored above 80%. The programme effectively promoted learning, critical thinking, and awareness of nutrition-related health issues.

[Signature]
10/01/2026
HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

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20/1/26
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Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.



Capacity Building Programme on “Understanding obesity in Today’s Lifestyle” on 20.01.2026

Invitation



CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)

**Nationally Accredited (IV Cycle) With "A+" Grade by NAAC
Annamalai Nagar, Tiruchirappalli-18**

**Department of Food Service Management and
Dietetics**

HOSPITALITY CLUB

&

CAUVERY COLLEGE ALUMNAE ASSOCIATION (CCAA)

ORGANIZES

Capacity Building Programme

On

"Understanding Obesity in Today's Lifestyle"

RESOURCE PERSON

**Ms.S. Pratheska. M. Sc.,
Dietician,
Kolors Health Care, Trichy.**



**B.Sc.,N&D
Batch (2018-2021)
M. Sc.,FSM&D
Batch (2021-2023)**

DATE:20.01.2026

TIME:10.00am to 12.00 noon

VENUE: F6 classroom



Report

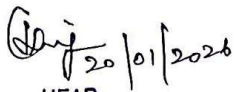
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB
&
CAUVERY COLLEGE ALUMNAE ASSOCIATION (CCAA)

ACTIVITY REPORT

Name of the Activity : Capacity Building Programme on
"Understanding obesity in Today's Lifestyle"
Date : 20.01.2026
Time : 10:00 AM - 12:00 NOON
Venue : F6 Classroom
Resource Person : Ms. S. Prathiska, M.Sc.,
Batch - (2018 - 2021) - M.Sc., FSM&D (2021 - 2023)
Dietitian,
Kolors Healthcare Pvt. Ltd, Trichy

Report of the Event

A Capacity Building Programme on "Understanding Obesity in Today's Lifestyle" was jointly organized by the Department of Food Service Management and Dietetics – Hospitality Club and the Cauvery College Alumnae Association (CCAA). The programme focused on creating awareness about the rising prevalence of obesity, its causes associated with modern lifestyles, and the importance of adopting healthy dietary and lifestyle practices. The resource person delivered an informative and thought-provoking session, highlighting preventive strategies, nutritional management, and the crucial role of physical activity in combating obesity. The programme was successfully conducted with the valuable support and encouragement of the Dean of Alumnae Relations, Dr. Parveen. The session proved to be highly beneficial for the participants and effectively achieved its objective of capacity building.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018


Principal
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(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.



Photos



Industrial Visit to
1. Kodai Chocolate Factory, Kodaikanal
&
2. Astrophysics Observatory Center, Kodaikanal
Invitation

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

Nationally Accredited (IV Cycle) with “A+” Grade by NAAC
Annamalai Nagar, Trichy

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND
DIETETICS

HOSPITALITY CLUB

Organizes

Industrial Visit

to

Kodai Chocolate Factory

&

Observatory (Astrophysics),

Kodaikanal.



Date : 03/02/2026

Class : III B.Sc., N&D & II M.Sc., FSMD

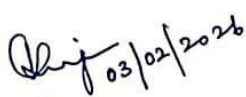
REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
HOSPITALITY CLUB ACTIVITY REPORT

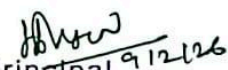
Name of the Activity : Industrial Visit
Venue : 1. Kodai Chocolate Factory, Kodaikanal
2. Astrophysics Observatory Centre, Kodaikanal
Date : 03.02.2026
Beneficiaries : III B.Sc., N&D - 18 Students
II M.Sc., FSM&D - 24 Students

Outcome of the Event

The Department of Food Service Management and Dietetics – Hospitality Club organised an industrial visit to the Kodai Chocolate Factory and the Astrophysics Observatory, Kodaikanal, on 03.02.2026. The visit provided valuable exposure to both food manufacturing and basic astrophysical concepts. At the Kodai Chocolate Factory, students observed the chocolate manufacturing unit and gained insight into processing techniques, hygiene standards, and quality control practices. The visit to the Astrophysics Observatory enhanced students' understanding of basic concepts related to the sun and space science.


HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 629 018




Principal 9/12/26
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

PHOTOS

